

Reminders....

KIDS NIGHT OUT

Jan 13 (Friday)

6-10 pm

Age 3-12 years

TALENT NITE!

SNOW?

Please check our voicemail, email or website if the weather is poor. We do not follow the school closings. A make-up class is always available if you cannot make it!

Withdrawal Notice

Please submit your form (located in the lobby) to the office by the 15th of your last month. If no notice is given you are responsible for the next month's tuition.

MAKE-UP Classes

Class students may make up a class by scheduling a make-up at the front desk. We cannot guarantee a make-up class, but we will do our best to accommodate your needs.

706-864-8516

**60 Hamp Mill Rd
Dahlonega, GA
30533**

**Thank you for
choosing our
program!**



Dahlonega Gymnastics

15th Year Anniversary

**Newsletter
January
2012**

Celebrating 15 years in business!

January 1997 was the year that Mark and Shannon Hageli started Dahlonega Gymnastics! Did you know that we started on the upstairs floor of Dahlonega Daycare with less than 40 students? Our first team had just 7 kids! Today we have over 200 students and our gym is 10 times the size of our first location. We owe our success to our loyal customers, family and friends. A million thanks!!!!!!

Mark, Shannon and TJ Hageli

PRESCHOOL PROGRAM:

Our first two weeks back to class we will be exploring "Winter Sports". Students will explore gliding, throwing, and catching during gymnastics. Watch for the kids to have a SNOWBALL FIGHT! The third and fourth week of class we will be learning about strength and balance skills for bars and rings. Watch for the kids to learn about V-sits, L-holds, and headstands!

CLASS PROGRAM:

Our class students are learning new skills quickly and you will see many of our athletes working on more challenging skills. We will be adding dance skills to our floor and beam workouts. Our boys will continue to train strength and endurance to enhance their pommel horse and ring skills. Our next AWESOME ATHLETE AWARD week will be at the end of February.

NEW PROGRAMS ON MONDAY NIGHT!

4:00-5:00 Cheer Bears— a 6 week All Star Cheer experience for Age 7-10 years

5:30-6:30 Back Handspring Clinics, drop in for \$10 per clinic, must be able to do a bridge and a handstand

6:30-8:00 Adult Gymnastics....strength, flexibility and skill work for age 16 and older,

TEAM MEET SCHEDULE....

1/7-8 Roswell Cup Roswell ,GA ...Boys Team

1/21/11 Rec Team Meet at Dahlonega, GA Rec Team (9 am to 10:30 am)

1/28-1/29 Spivey Star Invitational Winder, GA ... Girls XCEL Team

2/11-2/12 Cobb Men's Challenge Marietta, GA... Boys

2/11-2/12 Valentine Invitational Tucker, GA...Xcel

Happy Birthday to... Faith, Olivia, Lauren, Mallory, Emmalyne, Sarah Wynn, Anna, Catherine, Maleece, Stormm, Teniah, Georgia, Zachary, Reagan